

What's Happening

NOVEMBER 2020 Events at HPL



ADULT PROGRAMS

Future Proof Your Business

Learn how to weather any economic storm and keep your business going. **Mon Nov 2**, 12pm

In the Kitchen with Esh

Wednesdays 1pm
Learn how to make simple, modern Indigenous recipes with Aicha Smith-Belghaba. **Nov 4, 11, 18 & 25**



Hamilton Reads Finale

Join this live event with Waubgeshig Rice, author of this year's title *Moon of the Crusted Snow*. He speaks with fellow authors Cherie Dimaline and Janet Rogers. **Sat Nov 28**, 2pm



Virtual Viewpoints

Tuesdays 10:30pm
Learn how to tell your stories digitally, about COVID life, in this four-week show and tell. **Nov 17, Nov 24, Dec 1** and **Dec 8**.

[View More Adult Programs: hpl.ca/events](https://hpl.ca/events)

OLDER ADULT PROGRAMS

Tips for Staying Brain Healthy

Keep your brain in tip-top shape and lower your overall risk of developing dementia. **Thu Nov 12** 11am

Aging and Innovative Housing

Thursdays 2pm
The final two sessions of a four-part series on resilient aging, including cohousing. **Nov 5 & 12**

Conversation Commons

A lively and engaging online discussion about whether schools teach basic life skills. **Wed Nov 18**, 2pm

Knit and Crochet

Mondays 2:30pm
Work on your current project with crafters of all ages and skill levels. **Nov 2, 9, 16, 23 & 30**

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TEEN PROGRAMS

Homework Help Online Daily, 2-11pm

Free, live tutoring provided by volunteer university students, for Grade 9-12 students. Visit [Frontier College.ca](http://FrontierCollege.ca) to register.

Introduction to VR

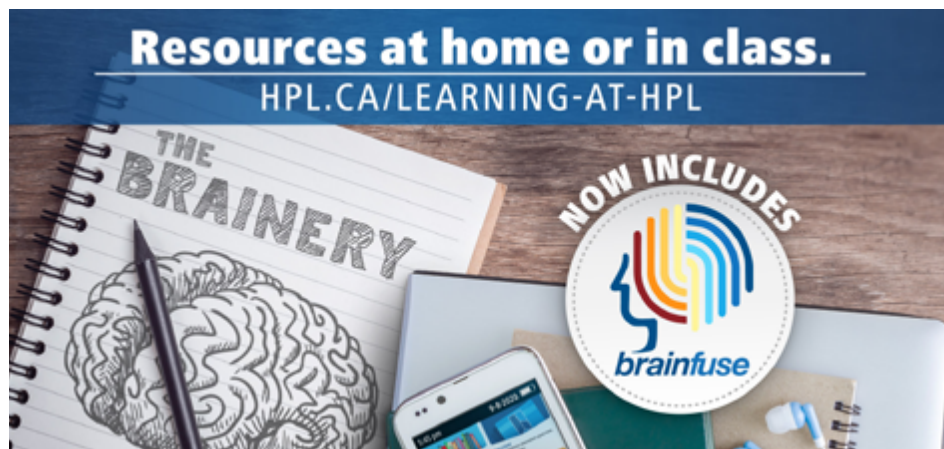
Assemble a Google cardboard headset using household items. **Sat Nov 7**, 11:30am

How to Film a Video from Home

Learn the basics using a smartphone, including framing and lighting. **Sat Nov 14**, 11:30am

Photoshop Intro

Learn how to retouch, add text or graphics, adjust and resize photos. **Sat Nov 28**, 11:30am



CHILDREN'S PROGRAMS



Discover at home KIDS

Ages 4-8

Discover at Home – Make cool stuff with activity sheets that include step-by-step instructions.

Other Programs to Check Out:

Learning at HPL and **Brainfuse**. Each are full of educational resources for students, teachers and caregivers.



Reading Buddies Children 4-8

Saturdays 10am
Encourage a love of reading with interactive literacy programs. **Nov 7, 14, 21 & 28**

Number Ninjas Children 8-12

Wednesdays 4:30pm
Explore mathematical concepts in a series of fun activities. **Nov 4, 11, 18 & 25**

Visit us online for more programs: hpl.ca/events