

ADULT PROGRAMS

LUNAFEST Film Festival

Seven films by and about women. Access free for 48 hours.

Mar 7 - **Mar 9** 12pm

Noon Hour Concerts

Fridays at noon on hpl.ca, anytime on HPL's Noon Hour Concert YouTube Playlist.

Listen and Learn HPO -Lance Ouellette (Concertmaster) Mar 5

Garret Lajoie (Guitar, Voice) Mar 12

Darcy Mitchison (Piano, Voice) **Mar 19**

Amanda Jansen, Rachel Arseneau (Flute, Clarinet) <u>Mar 26</u>

Stratford Lecture Series

Watch three videos on <u>HPL's</u>
<u>YouTube Channel</u> for a limited time: Playwriting Workshop,
A Day in the Life of a Stage
Manager and A Day in the Life of a Stage Performer.

Dance Workshop - Watch Live **Thu Mar 25** 1pm

BOOK CLUBS

Read, then discuss with fellow book lovers.

Fri Mar 5 11am The Boat People by Sharon Bala

Wed Mar 10 1pm Beauty Tips from Moosejaw by Will Ferguson

Thu Mar 11 1pm *Did You Ever Have a Family* by Bill Clegg

Mon Mar 15 4pm The Dinner by Herman Koch

Thu Mar 25 1pm *Driving Miss Norma* by Tim Bauerschmidt





ADULT PROGRAMS

BUSINESS SPOTLIGHT

Confidence and Motivation for Job Hunters

Learn techniques to stay motivated and build confidence.

Thu Mar 4 10am

Financing for Small Businesses

Understand how to present your business plan to lenders and investors.

Tue Mar 23 1:30pm

Tax Planning for Small Businesses

Practical insights on key risks and tax planning for small businesses.

Tue Mar 30 2pm

Strategy and Planning for Small Businesses

Ideas to help grow your business.

Tue Mar 9 1:30pm

Create a Website with Wix

Sat Mar 6 11:30am

Psychology Talks

Five talks by experts at St. Joseph's Healthcare Hamilton:

Tackling Anxiety, Strategies for Managing Insomnia,
The Basics of Mindfulness
Meditation, Grief and Loss
in a time of COVID-19. Watch on hpl.ca/psychology and on a HPL's Psychology Talks
Playlist on YouTube.



Relaxation and Wellness

Fri Mar 26 10:30am

English Conversation Circle

Tuesdays and Thursdays 3pm Mar 4, 9, 11, 16, 18, 23, 25 and 30.

AUTHOR EVENTS

Cathrin Bradbury

The journalist and author discusses her memoir, *The Bright Side*.

Mon Mar 8 12pm



Krista Foss and Amy Jones

A discussion about female relationships in novels. Krista's latest book is *Half Life* (2021) and Amy's is *Every Little Piece of Me* (2019).

Thu Mar 25 12pm

OLDER ADULT PROGRAMS

Conversation Commons

Should juveniles be tried in a court of law as adults? Join the debate.

Wed Mar 17 2pm

Hands-on Art Workshop

Mondays 2pm <u>Mar 8</u>, <u>15</u> and **22**.

Knit and Crochet

Wed Mar 10 10:30am

Paper Flowers

Tue Mar 9 2:30pm

Resilient Aging

Find out about innovative housing alternatives.

Wed Mar 3 10:30am

Story Break with Hamilton Public Library

(Phone-In Program) Listen to stories one week, chat with fellow book lovers about your latest reads the next week.

Fridays 10am

Mar 5, 12, 19 and 26.

Young at Heart

Connect online with others age 55 and older for fun and games.

Tuesdays 10:30am **Mar 9**, **16**, **23** and **30**.



View More Online Older Adult Programs: hpl.ca/events

CHILDREN'S PROGRAMS



Early Literacy Calendar (Ages 0-4)

<u>A monthly list</u> of songs, rhymes, stories and more to engage your little one.



(Ages 4-8)

Activity sheets and easy experiments. https://hyllone/hy

Learning Together Virtually

(Grades 3-5)

Mondays and **Saturdays** 4pm Frontier College tutors help with students in Grades 3-5.

Mar 6, 8, 13, 15, 20, 22, 27 and 29.

Number Ninjas Online (Grades 4-5)

Thursdays 4:30pm

Help with math for students in Grades 4-5.

Mar 4, 11, 18 and 25.

Code Clubs (Ages 8-12)

Work on creating a winter theme in either Scratch or Python.

Beginner

Fridays 4pm <u>Mar 5</u>, <u>12</u> and <u>19</u>. Python

Wednesdays 5pm <u>Mar 3</u>, <u>10</u> and <u>17</u>.

Tween Book Club

(Ages 8-12)

Thu Mar 16 4pm

McMaster Children and Youth University Workshop

(Ages 8-12)

Discover new ideas and work together to create solutions to everyday challenges.

Sat Mar 6 1pm, Tue Mar 9 4pm



(Preschool, Elementary and High School)

Watch presentations by Forest of Reading-nominated authors on Fridays, until May. Register to receive access to the schedules and links to author visits.

(Preschool)

Family Storytime

Thu Mar 4 11am

Puppet Show

Thu Mar 11 11am

ABC-123

Thu Mar 18 11am

Songs and Rhymes

Thu Mar 25 11am

More Children's Programs: hpl.ca/events

TEEN PROGRAMS



HOMEWORKHELP ONLINE

Teens (Ages 12-18)

Mondays and Wednesdays 4pm

Mar 3, 8, 10, 15, 17, 22 and 24.

View More Online Teen Programs: hpl.ca/events