

# SEPTEMBER 2025

Daily literacy-building activities to share with your child.

SUNDAY

MONDAY


TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

	<b>1 WRITING</b> Draw, then trace the letters of the alphabet with your fingers while making the sound of each.	<b>2 PLAYING</b> Spend time playing at your Library. Check out books about Fall. 	<b>3 TALKING</b> Discuss opposites. Show examples of big and small, night and day, light and dark.	<b>4 SINGING</b> Clap your hands to the beat of a favourite song. 	<b>5 COUNTING</b> Lace beads onto a piece of yarn. Count them as you go. 	<b>6 READING</b> Visit your Library. Borrow books about insects active in late summer, like crickets or cicadas.
<b>7 WRITING</b> Write a to-do list. Have your child check off each task once it is done. 	<b>8 PLAYING</b> Set up a tinkering station with craft supplies, cardboard and tape to encourage invention.	<b>9 TALKING</b> Ask your child "What is your favourite game to play?" Talk about why and play it.	<b>10 SINGING</b> Sing a favourite song in parts. You sing, then your child, then you and so on.	<b>11 COUNTING</b> Count aloud as your child puts objects in a container one at a time, up to 10.	<b>12 READING</b> Have a family book club. Each person brings a Library book for a story time. 	<b>13 WRITING</b> Pop bubble wrap or play with squirt toys to develop muscles needed for writing.
<b>14 PLAYING</b> Blow bubbles today. This strengthens muscles needed for speech.	<b>15 TALKING</b> Make silly sounds today. Encourage your child to also make silly sounds.	<b>16 SINGING</b> Play talent show. Each person takes the stage to perform their special skill.	<b>17 COUNTING</b> Look for shapes around the home or outdoors. Encourage children to name shapes they see.	<b>18 READING</b> Pick a favourite book. Ask your child to tell you what happens before you start reading.	<b>19 WRITING</b> Use your fingers to draw shapes in the air. Take turns guessing what each person drew.	<b>20 PLAYING</b> Go on a scavenger hunt. Look for things that begin with the 'p' sound: plate, pan, pen.
<b>21 TALKING</b> Take turns telling each other simple stories. 	<b>22 SINGING</b> Sing or say <i>If You're Happy and You Know It</i> . (Words on back.)	<b>23 COUNTING</b> Use toy blocks to measure length. How many blocks long is your arm, your foot, etc.?	<b>24 READING</b> Hang up a paper with the words to <i>Are You Sleeping?</i> Sing it daily. (Words on back.)	<b>25 WRITING</b> Print the first letter of your child's name. Make its sound and words that begin with it.	<b>26 PLAYING</b> Play Hot and Cold. (Instructions on back.)	<b>27 TALKING</b> Use family photos to tell stories. Encourage your child to tell a story.
<b>28 SINGING</b> Have a family sing-along. Each person gets to pick a favourite song.	<b>29 COUNTING</b> Count the people in your family. How many kids, grownups, pets?	<b>30 READING</b> Visit your Library. Read to your child there and ask questions like: "What will happen next?"				

## Playing to Learn New Words

Play and have fun with words:

- Read a book with lots of made-up words like *How Do You Wokka-Wokka?* by Elizabeth Bluemle. Try making up more words to go with the story.
- Silly poems are fun and can teach new vocabulary.
- Kids love riddles and jokes, which often use a “play on words.” Laugh along as you talk about the answer to the riddle or joke.
- Having fun with words helps your child become more conscious of words and happy to keep learning.

### IF YOU'RE HAPPY AND YOU KNOW IT

If you're happy and you know it clap your hands.

*(clap, clap)*

If you're happy and you know it clap your hands.

*(clap, clap)*

If you're happy and you know it and you really want to show it, if you're happy and you know it clap your hands.

*(clap, clap)*

OTHER VERSES: STOMP YOUR FEET! TURN AROUND! SHOUT HOORAY! DO ALL FOUR!

### ARE YOU SLEEPING?

Are you sleeping, are you sleeping?

Brother John, Brother John?

Morning bells are ringing, morning bells are ringing,

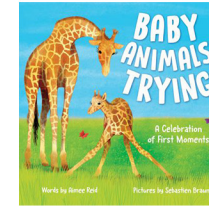
Ding ding dong, ding ding dong.



### HOT AND COLD

1. Select a household item for hiding.
2. The finder closes their eyes while the hider hides the item somewhere in the room.
3. The finder searches for the item while the hider provides clues.
4. When the finder is close to the item, the hider responds “you’re hot!”
5. When the finder is far from the item, the hider responds “you’re cold!”
6. Take turns being the hider and the finder.

## Books to Read this Month



**Baby Animals Trying**  
Aimee Reid



**One Can**  
Lana Button



**Pêyak Little Duck**  
Sandra Lamouché

## Even More...



**September 19 PA DAY**  
**Activities** [hpl.ca/src](http://hpl.ca/src)



**Register for Telling Tales Festival**  
**(free!)** [tellingtales.org](http://tellingtales.org)