



FOOTBALL FUN

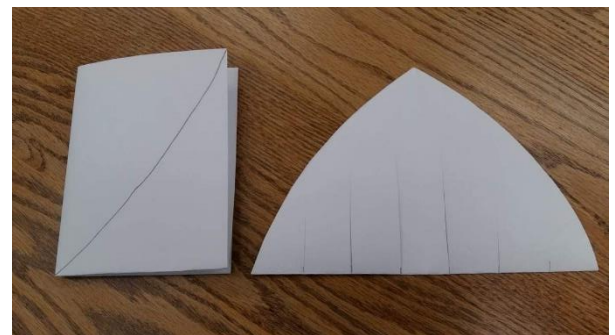
Hamilton has had professional football teams since the 1800s. The Hamilton Tiger-Cats Football Club was created in 1950 and is part of the Canadian Football League. The Grey Cup is the championship game of the CFL. This year, the 108th Grey Cup is in Hamilton. Celebrate with these fun football activities.

This week's activities: Paper Woven Football - Design A Helmet

Paper Woven Football

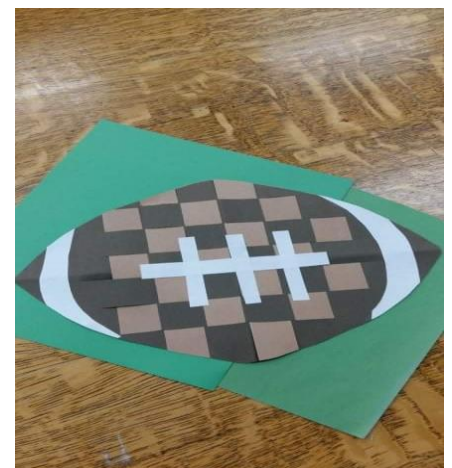
Suggested Materials:

- White paper
- Brown construction paper
- Glue
- Scissors
- Ruler
- Optional: Pencil Crayons/Markers



Directions:

1. Fold a piece of paper in half once and then fold in half again.
2. With the folded edge on the left side, draw a curved line from the top right-hand corner to the left bottom corner (this makes a football shape). Cut along the oval line.
3. With the fold on the bottom, open the paper (so it looks like a half moon). Cut 4 or 5 slits to the edge of the football.
4. Take a new piece of paper and cut it into strips that are as long as the widest part of the football.
5. Starting from one end of your football, start to weave. Your first strip will come from under the football up through the first slit. It will go over the next slit and then go under again. Repeat until you reach the top of the football and all the strips are in place.
6. Push the strips towards the previous strips to get a tighter weave.
7. Trim the pieces of paper that are longer than the football and glue them into place.
8. Make laces by cutting a long piece and three shorter pieces of white paper. Glue the short pieces along the longer piece.
9. Cut 2 curved white strips for either end of the football and glue them on.



Did You Know?

The two white stripes on the end of a football are there to help with nighttime visibility? These are on CFL footballs, but not on footballs used in the National Football League (NFL).

Design A Football Helmet

Suggested Materials:

- Paper
- Scissors
- Pencil
- Markers/Pencil Crayons/Crayons

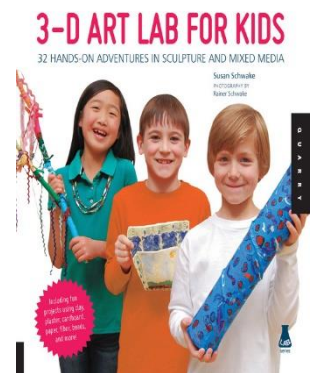
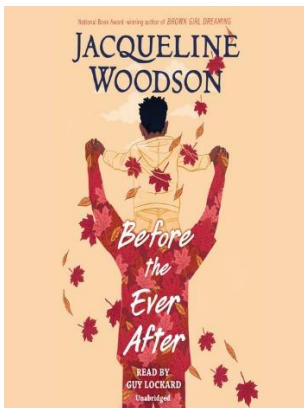


Design your own Football Helmet

1. Draw a helmet using this image for inspiration.
2. Think about what colours you will use and any other logo you want to add to your helmet.
3. Add a mascot if you choose.

Links to eResources:

Check out our [eBooks](#) on these topics:



[Football](#) | [Sports History](#)

On Hoopla Kids, read *Footballs* by Rachel Lynette and find out how footballs are made from start to finish.

You can get a library card at hpl.ca/online-registration.

If you would like to share one or all your creations, please take a picture and post it to social media using the hashtag, #HPLmakesomething.



#HPLmakesomething

hpl.ca/kids    

