



FAMILY DANCE PARTY

Dancing with your family is a terrific way to feel good and use some energy. For these activities, you'll need a library card and a computer (tablet or smartphone) with the internet and speakers. Log in to <u>Hoopla</u> and search for music (make sure you select Kids beside the search bar). You'll also need some clear space to move.

This week's activities: Choreography - Shake Out Your Sillies

Choreography

Pick a song and plan a few moves for everyone to dance at the same time. What moves will you use? Maybe raise your arms or stomp your feet. Try a do-si-do!

Shake Out Your Sillies

Let loose and use some super silly dance moves. Who has the silliest moves?

Links to eResources:

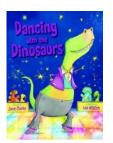
Check out our <u>eBooks</u> on these topics:

Do a

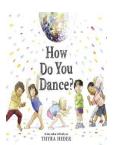




Dancing



Family



Tumblesearch for "dance" on Tumblebooks and find books that'll get you moving, like Doreen Cronin's *Wiggle*.

You can get a library card at hpl.ca/online-registration.

If you would like to share one or all your creations, please take a picture and post it to social media using the hashtag, #HPLmakesomething.



