



#### **FAMILY DANCE PARTY**

Feeling cooped up? Dancing with your family is a terrific way to feel good and use some energy. Dance like no one is watching because no one is – you're at home!

For these activities, you'll need a library card and a computer (tablet or smartphone) with the internet and speakers. Log in to <u>Hoopla</u> and search for music (make sure you select Kids beside the search bar). You'll also need some clear space to move.

This week's activities: Choreography – Shake Out Your Sillies

# Choreography

Pick a song and plan a few moves for everyone to dance at the same time. What moves will you use? Maybe raise your arms or stomp your feet. Try a do-si-do!

## **Shake Out Your Sillies**

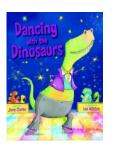
Let loose and use some super silly dance moves. Who has the silliest moves?

#### Links to eResources:

Check out our eBooks on these topics:









### Dancing | Family

Do a Tumblesearch for "dance" on <u>Tumblebooks</u> and find books that'll get you moving, like Doreen Cronin's *Wiggle*.

You can get a library card at hpl.ca/online-registration.

If you would like to share one or all your creations, please take a picture and post it to social media using the hashtag, #HPLmakesomething.



