



## FAMILY DANCE PARTY

Dancing with your family is a terrific way to feel good and use some energy. For these activities, you'll need a library card and a computer (tablet or smartphone) with the internet and speakers. Log in to [Hoopla](#) and search for music (make sure you select Kids beside the search bar). You'll also need some clear space to move.

**This week's activities: Choreography – Shake Out Your Sillies**

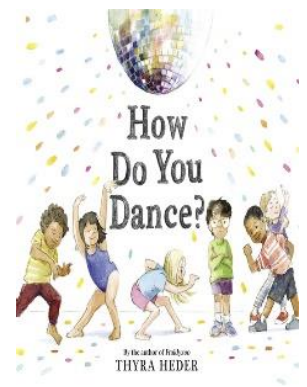
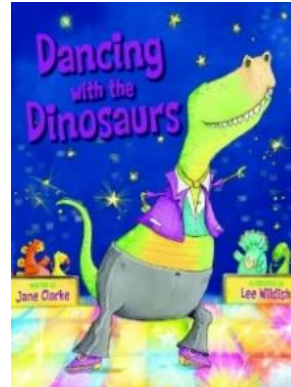
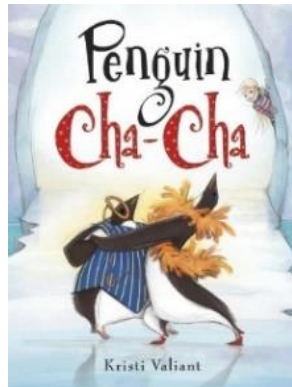
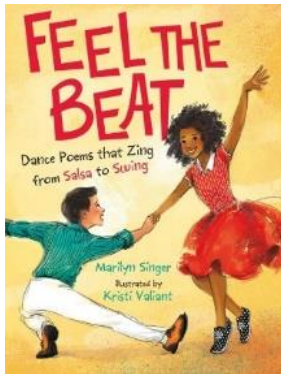
## Choreography

Pick a song and plan a few moves for everyone to dance at the same time. What moves will you use? Maybe raise your arms or stomp your feet. Try a do-si-do.

## Shake Out Your Sillies

Let loose and use some super silly dance moves. Who has the silliest moves?

### Links to eResources:



Check out our [eBooks](#) on these topics:

[Dancing](#) | [Family](#)

Do a Tumblesearch for “dance” on Tumblebooks and find books that'll get you moving, like Doreen Cronin's *Wiggle*.

You can get a library card at [hpl.ca/online-registration](http://hpl.ca/online-registration).

*If you would like to share one or all your creations, please take a picture and post it to social media using the hashtag, #HPLmakesomething.*



#HPLmakesomething

[hpl.ca/kids](http://hpl.ca/kids)

