



#### **BLACK HISTORY MONTH: Celebrating Black Hair**

In Black culture, hair is a symbol of pride, history and identity. It is the only hair type that has a vocabulary (like spirals, coils, afro, puffs), and a long tradition of sharing care and styling techniques by hand or through verbal instruction. Hairstyles like braids, dreadlocks and afros show creativity and helps celebrate ancestors who fought for their freedom.

### This week's activities: Read and Learn - Create a Hairstyle

# **Read and Learn**

#### **Suggested Materials:**

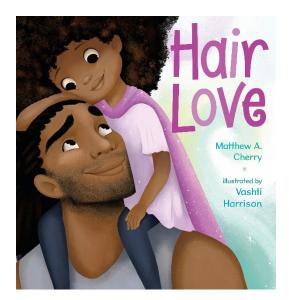
- Pencil, pen or other writing tool
- Paper or notebook (optional)

#### **Directions:**

- 1. Read or listen to <u>Hair Love</u> and/or watch <u>Hair Love</u>
- 2. Fill in the blanks below or on a separate piece of paper

# Hair Love Short Film

- 1. Zuri wears a \_\_\_\_\_\_ when she wakes up. (Headband / Bonnet / Helmet)
- 2. The vlog that Zuri uses is called \_\_\_\_\_\_ (Zuri's Hair / Curly Hair / Hair Love)
- 3. Zuri's \_\_\_\_\_\_ usually styles her hair. (Mom / Dad / Cat)
- 4. Zuri's Dad tries to put a \_\_\_\_\_ hat over her hair, but she throws it away! (Green, Blue, Red)
- 5. The video tells Zuri's Dad to \_\_\_\_\_\_ her beautiful, thick curls. (Moisturize / Brush /Wash)
- 6. A leave-in \_\_\_\_\_\_ helps detangle Zuri's kinks. (Shampoo / Soap / Conditioner)
- 7. Separating hair into sections is called \_\_\_\_\_. (Puffs / Pigtails / Parting)
- 8. Zuri's drawing shows her mom wearing a \_\_\_\_\_. (Crown / Scarf / Blanket)



# Hair Love Storybook

- 1. Zuri's hair kinks, coils, and \_\_\_\_\_\_ every which way. (Waves / Curls / Braids)
- 2. Zuri's princess hairstyle is funky braids and \_\_\_\_\_. (Hair Clips / Hair elastics / Beads)
- 3. When Zuri's hair is in two puffs, she is a \_\_\_\_\_. (Superhero / Singer / Teacher)
- 4. Zuri isn't a fan of her afro when her dad uses a \_\_\_\_\_. (Brush / Comb / Pick)
- 5. Zuri's Dad made funky puff buns by parting, oiling and \_\_\_\_\_ her hair. (Twisting / Curling / Braiding)

# Terms:

Afro: A very curly hairstyle shaped into a smooth, round ball-like shape.

Coils: A type of curly hair that has strands forming tight curls in a zigzag from the scalp.

**Curls:** A type of hair that grows in spirals or ringlets from the scalp.

Braids: A length of hair made up of three or more interlaced strands.

Beads: Worn as an accessory or jewellery to accentuate hairstyles, such as braids and twists.

**Puffs:** Also called "Afro puffs," a hairstyle like pigtails, created by parting hair down the middle and using a hair tie on each side.

**Oiled:** This helps moisturize curly hair, because natural oils from the scalp have a harder time travelling through curls.

Parting: Separating hair into sections.

Kinks: Hair with tight curls that can be soft and fine, or coarse and wiry.

**Twists:** A hairstyle created by dividing hair into many sections, twisting strands of hair, and then twisting two sections together.

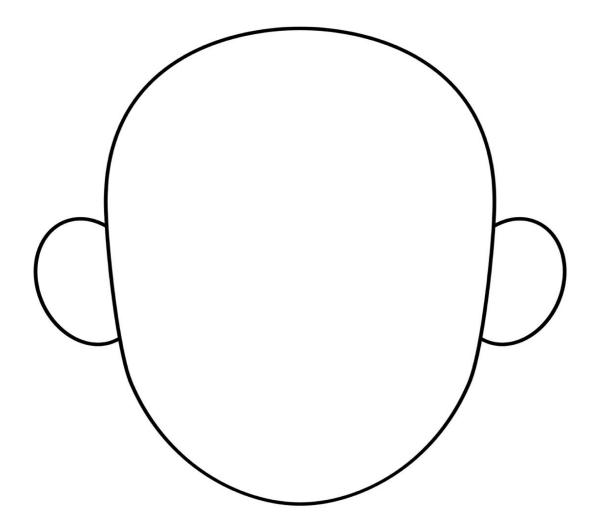
# **Create a Hairstyle**

### **Suggested Materials:**

- Pencil, pen or other writing tool
- Pencil crayons, markers, crayons (optional)
- Paper or notebook (*optional*)

### **Directions:**

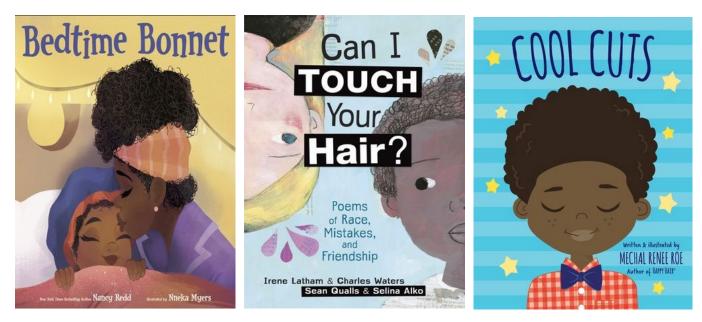
1. Draw your favourite hairstyle that Zuri wore in Hair Love.



- 1. How do you take care of your hair?
- 2. Zuri is proud of her hair and calls it "funky," which means it is cool and stylish. What word(s) would you use to describe your hair?
- 3. What makes your hair special? What do you love about your hair?

## Links to eResources:

Check out our <u>eBooks</u> at hpl.overdrive.com/library/kids/ on these topics:



Hair | Black Hair | Black Hairdressing | Hair Care and Hygiene

Search "Hair" on Hoopla

### Fill in the Blanks Answers:

#### Short Film:

1. Bonnet 2. Hair Love 3. Mom 4. Red 5. Moisturize 6. Conditioner 7. Parting 8. Crown

#### Storybook:

1. Curls 2. Beads 3. Superhero 4. Pick 5. Twisting

You can get a library card at <u>hpl.ca/online-registration</u>.

If you would like to share one or all your creations, please take a picture and post it to social media using the hashtag, #HPLmakesomething.



