

An ocean of people, rising and falling like seething waves as students mingle with each other.

My chest rises and falls with each breath I take.

*Breathe in. Breathe out.*

Hundreds, thousands of feet pound across the tiled floor - a muddled rhythm of echoing drums

Just like this pounding heart inside.

Many voices blend together, creating one unified voice. The noisy babble hammers at my brain.

Why so many people?

*Breathe in. Breathe out.*

In this labyrinth

How shall I find the place where I belong?

In this giant puzzle

Which piece has been set apart just for me?

Step by step

I search for something familiar

Reaching for something to grasp, something to ground myself with.

Somebody? Anybody?

This school is large

But the world is larger.

How can I navigate the world

When the walls of this building are already too far apart?

Where is the comfort of my home?

The comfort of everything I've known up til this moment?

I am alone in a different space

With nothing to lean on.

Nothing?

Suddenly I remember,

I feel the truth wrap itself around me.

Not so alone after all.

*Breathe in. Breathe out.*

I can do this. I have all the help I'll need.

Step by step

I embrace my future with open arms.